



FLEX NUTRITION



SPECIALTY TEA

32 OZ DRINK \$8.00

105-109 calories + no sugar + 4 net carbs + 17g protein + biotin & collagen + energy + focus + thermogenic + vitamins A, B, C, D & E

FLAVORS

- BEACH BUM 🍉
- DAISY DUKE 🍓 🍋
- DESERT PEACH 🍑
- JIMMY BUFFETT 🍍
- NOLA VAMP 🍒
- ORANGE STARBURST 🍊
- PEACHY BEACHY 🍑 🍍
- PRETTY IN PINK 🍓
- PRETTY IN PURPLE 🍇
- PRETTY PEACHY 🍑
- SHOTGUN 🥥
- SOUTHERN BELLE 🍋
- SOUTHERN STRAWBERRY 🍓 🥥
- SUPERMAN 🍇 🍓

LOADED TEA

32 OZ DRINK \$7.00

24 calories + no sugar + 2 net carbs + energy + focus + thermogenic + hunger control + vitamins A, B, C, D & E

FLAVORS

- ARNOLD PALMER 🍋
- BLACK PEARL 🍇 🥥
- BLUE HAWAIIAN 🍇
- CAPTAIN AMERICA 🍇
- COOL CUCUMBER LIME 🥒 🍋
- GUMMI BEAR 🍓 🍋
- HELLO SUNSHINE 🍊 🍍
- MERMAID 🍓 🍋
- MIAMI VICE 🍓 🥥
- PEACH PASSION 🍑
- PINA COLADA 🥥
- STRAWBERRY JOLLY 🍓
- TRANQUILITY 🥒 🍋
- WATERMELON JOLLY 🍉
- WONDER WOMAN 🍓 🍊

ADD ONS

****Add to any shake or tea****

| | | | |
|----------------|--------|--------------|--------|
| ENERGY | \$1.00 | HYDRATION | \$2.00 |
| PROBIOTIC | \$1.00 | IMMUNITY | \$2.00 |
| PROTEIN | \$1.00 | LIFT OFF | \$2.00 |
| FIBER | \$1.00 | HEART HEALTH | \$2.00 |
| BEAUTY BOOSTER | \$2.00 | | |



FLEX NUTRITION



HYDRATION

16 OZ DRINK \$3.00

32 OZ DRINK \$6.00

Electrolytes + Low Sugar + Caffeine Free

FLAVORS

BATMAN 🍇

BARBIE 🍓

CAPTAIN AMERICA 🍇

CINDERELLA 🍇

GUMMI BEAR 🍓 🍋

IRONMAN 🍓 🍋

MERMAID 🍇 🍊

PEPPA PIG 🥥 🍓

SPIDERMAN 🍒

UNICORN 🍋

WONDER WOMAN 🍓 🍇

CLASSIC SHAKE

16 OZ DRINK \$8.50

24g protein + 200-250 calories + low carb + low sugar + packed with essential vitamins & minerals + meal replacement

FLAVORS

BANANA CARAMEL PB

BANANA NUT

BLUEBERRY CHEESECAKE

BOURBON STREET

BUTTER PECAN

CAKE BATTER

CARAMEL MACHIATTO

CHOCO CARAMEL CHEESECAKE

CHURRO

CINNAMON ROLL

CINNAMON TOAST CRUNCH

COOKIES N CREME

CRACKER JACK

DIRT CAKE

FUNFETTI

FRUITY PEBBLES

ORANGE DREAMSICLE

PEANUT BUTTER CUP

SALTED CARAMEL

SNICKERS

STRAWBERRY CHEESECAKE

REBUILD SHAKE

32 OZ DRINK \$8.50

33g Protein + 250-290 Calories + Muscle Recovery + Whey & Casin + Packed with essential Vitamins & Minerals + Post Workout

DONUT HOLE

\$5.00

"Liquid Lipo" Helps control hunger and reduces fat